



CELEBRATE STRENGTH!

A fitness DVD made for and by breast cancer survivors

With over 2 hours of programming, including 3 different exercise routines, Celebrate Strength! is a unique and innovative resource for breast cancer survivors. Endorsed by oncologists and distributed through major cancer centers, including the Masonic Cancer Center of the University of Minnesota, Celebrate Strength! is recognized by leading health authorities as a MUST HAVE for their patients. Now you can get it for yourself.



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Celebrate Strength! was produced by Survivors' Training®, an award-winning Minnesota healthcare not-for-profit organization that provides survivors with tools and resources for healthier post-diagnosis living, with a grant from the Minnesota affiliate of Susan G. Komen for the Cure®. For more information, go to [WWW.survivorstraining.org/dvd](http://www.survivorstraining.org/dvd)

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